

Methacton Warriors



2012 TEAM RULES

- First and foremost, we will follow all school policies and all rules mandated by the state. **Drinking, drugs, or tobacco use of any amount will result in pursuing a removal of that player from the team.**
- Each player should be dressed and ready for practice, **at the field**, by 3:00. During August pre-season players should arrive no later than 15 minutes prior to the start of practice. The captains will lead the team in warm-up and stretching starting at this time. **Any practice that does not start on time will result in a fitness punishment for the team, as well as a fitness punishment for the captains after practice.**
- If late to practice, bring a note including the departure time and reason for lateness accompanied by a faculty signature. When possible, please forewarn coaches of possible late arrivals to practice. If late for other reasons, provide a note from a parent/guardian. **There should be no reason to be late at all during the month of August.**
- If any player needs to miss a practice, please notify coaches as soon as possible. Depending on the reasons given, that player may be suspended for a half of a game. Any practice missed during the August preseason may result in dismissal from the team. **Notifying the coaching staff should be the responsibility of the player, not the parent.**
- Equipment will be carried by the team to the appropriate field. Each player is required to help take out and put away equipment as well as clean up after themselves, especially when visiting other schools. There will be an equipment list and player-rotation provided. **Any equipment or trash left for the coaches to pick up will result in a fitness punishment for the team, as well as a fitness punishment for the captains.**
- Players must put on and take off cleats outside of the building. No cleats may be worn inside the school. In addition, footwear should always be worn when walking to and from the field.
- Every player is required to ride the bus to and from games! No player is permitted to leave a home or away game before both teams have finished playing. In addition, for away games, any player not arriving at the bus on time will be left behind at Methacton.
- The school team comes first. Missing practices or games for club/travel ball, field trips, school clubs, or other activities will not be tolerated.

“I am a member of a team, and I rely on the team, I defer to it and sacrifice for it, because the team, not the individual, is the ultimate champion.”

- Mia Hamm